

ROCKLAND CHAPTER EDUCATIONAL PROGRAM

THE USE OF HYPNOSIS TO FACILITATE PSYCHOLOGICAL AND PHYSICAL HEALING

Presenter: Ita O'Sullivan, Nurse Practitioner (Psychiatry and Mental Health)

Date: Sunday, January 18, 2014

Location: Romano Center of St Thomas Aquinas College

Route 340, Sparkill, NY

SCHEDULE:

10:00 am Board Meeting

11:00 am Clinical Case Discussion

12:00 noon Presentation (lunch included)

No Charge for Students and Society Members

Non-Members \$20, Seniors \$5

(No CEUs this month while awaiting State Approval)

Description:

Hypnosis and its therapeutic effects have been used by clinicians throughout the centuries to alleviate physical and emotional suffering. Learn how to access your own and your patients' innate hypnotic capacities to promote personal understanding and change. A review of the impact and effectiveness of hypnosis for a wide variety of conditions will be presented.

Ita O'Sullivan, Nurse Practitioner in Psychiatry and Mental Health is an Adjunct Faculty member at Columbia University. She is a Board Member of the New York Society of Clinical Hypnosis. Her private practice of psychotherapy and pharmacotherapy is located in Rye Brook and Manhattan.

For additional information, please contact: Kevin Melendy (201) 925-7950